

December 2016

Title – Your Best Health Care Now

Author – Frank Lalli

Call Number – 338.4 LALLI

Book Description -

Frank Lalli, the former editor of *Money* and *George* magazines, has devoted his career to getting to the bottom of a good story. When he was diagnosed with Multiple Myeloma, a rare but potentially deadly blood cancer, he put his reporter's instincts to work and got the wonder drug he needed at an affordable price — thousands of dollars less than he was told he would have to spend. Amazed by the complex and arbitrary nature of the health care system, he decided to share what he has learned as his own Health Care Detective so that others can find their best care and save money, too.

Based on three years of research and more than 300 first-hand interviews with experts, *Your Best Health Care Now* is your easy-to-follow, real-world guide to making today's health system work for you. You'll learn all the smart moves and timely tips to get better care and save hundreds, if not thousands, of dollars — no matter what your concerns may be. Whether you're trying to book a free check-up or negotiate with a surgeon, looking for an effective generic drug or the best price for a brand-name, or worrying about high insurance deductibles and rising premiums or a stack of surprise bills, *Your Best Health Care Now* has the answers you need to take charge of your wellbeing.

Title – Finding Carla

Author – Ross Nixon

Call Number – 363.12 NIXON

Book Description -

In March 1967, a Cessna 195 flew from Oregon towards San Francisco carrying a family of three: Alvin Oien, Sr. (the pilot), his wife Phyllis and step-daughter Carla Corbus. Due to worse-than-predicted weather, it went down in the Trinity Mountains of California only eight miles from a highway and beneath a busy commercial airway. This was before radio-beacon type emergency locators were required equipment for airplanes; the family survived the crash for almost two months but the ruggedness of the terrain and the fact that they were far off their intended course made finding them by sight impossible. Searchers determined the weather in the mountains also made living impossible after a period of time had passed.

Half a year later, the eventual finding of the wreck by hunters shocked the nation. A diary and

series of letters from the survivors explained their predicament. These Oien family documents as well as photos of the family and from the search are included in the story.

This tragedy spurred political action towards the mandatory Emergency Locator Transmitters (ELTs) that are carried aboard all U.S. civil aircraft. ELT radios have saved thousands of lives since they were mandated and their technology continues to improve and find more lost people. Pilots who read this story will never fly without a flight plan, survival gear, or a working ELT. In aviation, we say the regulations are "written in blood." This compelling story is the "blood" behind the ELT regulations.

While indeed tragic, the Oien family's legacy has a brighter side: Their story led directly to this effective legislation of requirements for the airplane locators that have since saved so many lives in search-and-rescue operations. Their complete story is now told for the first time -- the "Carla Corbus Diary" is uncovered here along with the family letters that accompanied it, never before published in full.

Title – The Swamp Fox

Author – John Oller

Call Number – 973.3 OLLER

Book Description -

In the darkest days of the American Revolution, Francis Marion and his band of militia freedom fighters kept hope alive for the patriot cause during the critical British "southern campaign." Employing insurgent guerrilla tactics that became commonplace in later centuries, Marion and his brigade inflicted enemy losses that were individually small but cumulatively a large drain on British resources and morale.

Although many will remember the stirring adventures of the "Swamp Fox" from the Walt Disney television series of the late 1950s and the fictionalized Marion character played by Mel Gibson in the 2000 film *The Patriot*, the real Francis Marion bore little resemblance to either of those caricatures. But his exploits were no less heroic as he succeeded, against all odds, in repeatedly foiling the highly trained, better-equipped forces arrayed against him.

In this action-packed biography we meet many colorful characters from the Revolution: Banastre Tarleton, the British cavalry officer who relentlessly pursued Marion over twenty-six miles of swamp, only to call off the chase and declare (per legend) that "the Devil himself could not catch this damned old fox," giving Marion his famous nickname; Thomas Sumter, the bold but rash patriot militia leader whom Marion detested; Lord Cornwallis, the imperious British commander who ordered the hanging of rebels and the destruction of their plantations; "Light-Horse Harry" Lee, the urbane young Continental cavalryman who helped Marion topple critical British outposts in South Carolina; but most of all Francis Marion himself, "the Washington of the South," a man of ruthless determination yet humane character, motivated by what his peers called "the purest patriotism."

In *The Swamp Fox*, the first major biography of Marion in more than forty years, John Oller

compiles striking evidence and brings together much recent learning to provide a fresh look both at Marion, the man, and how he helped save the American Revolution.

Title – In Such Good Company

Author – Carol Burnett

Call Number – 791.45 BURNETT

Book Description -

In *In Such Good Company*, Carol Burnett pulls back the curtain on the twenty-five-time Emmy-Award winning show that made television history, and she reminisces about the outrageously funny and tender moments that made working on the series as much fun as watching it. Carol delves into little-known stories of the guests, sketches and improvisations that made *The Carol Burnett Show* legendary, as well as some favorite tales too good not to relive again. While writing this book, Carol rewatched all 276 episodes and screen-grabbed her favorite video stills from the archives to illustrate the chemistry of the actors and the improvisational magic that made the show so successful.

Putting the spotlight on everyone from her costars to the impressive list of guest stars, Carol crafts a lively portrait of the talent and creativity that went into every episode. With characteristic wit and incomparable comic timing, she details hiring Harvey Korman, Vicki Lawrence, Lyle Waggoner, and Tim Conway; shares anecdotes about guest stars and close friends, including Lucille Ball, Roddy McDowell, Jim Nabors, Bernadette Peters, Betty Grable, Steve Lawrence, Eydie Gorme, Gloria Swanson, Rita Hayworth, and Betty White; and gives her take on her favorite sketches and the unpredictable moments that took both the cast and viewers by surprise. This book is Carol's love letter to a golden era in television history through the lens of her brilliant show. Get the best seat in the house for "eleven years of laughter, mayhem, and fun in the sandbox."

Title – The Psychopath Test

Author – Jon Ronson

Call Number – 616.85 RONSON

Book Description -

The Psychopath Test is a fascinating journey through the minds of madness. Jon Ronson's exploration of a potential hoax being played on the world's top neurologists takes him, unexpectedly, into the heart of the madness industry. An influential psychologist who is convinced that many important CEOs and politicians are, in fact, psychopaths teaches Ronson

how to spot these high-flying individuals by looking out for little telltale verbal and nonverbal clues. And so Ronson, armed with his new psychopath-spotting abilities, enters the corridors of power. He spends time with a death-squad leader institutionalized for mortgage fraud in Coxsackie, New York; a legendary CEO whose psychopathy has been speculated about in the press; and a patient in an asylum for the criminally insane who insists he's sane and certainly not a psychopath.

Ronson not only solves the mystery of the hoax but also discovers, disturbingly, that sometimes the personalities at the helm of the madness industry are, with their drives and obsessions, as mad in their own way as those they study. And that relatively ordinary people are, more and more, defined by their maddest edges.

Title - Shaken

Author – Tim Tebow

Call Number – 248.4 TEBOW

Book Description -

Most of us have been on the receiving end of rejection, a broken dream, or heartbreak. And while this is not an easy space to go through, when we are grounded in the truth, we can endure the tough times.

In this powerful book, Heisman Trophy winner Tim Tebow passionately shares glimpses of his journey staying grounded in the face of disappointment, criticism, and intense media scrutiny. Following an exceptional college football career with the Florida Gators and a promising playoff run with the Denver Broncos, Tebow was traded to the New York Jets. He was released after one season.

In *Shaken*, Tebow talks about what he's learned along the way, building confidence in his identity in God, not the world. This moving book also features practical wisdom from Scripture and insights gained from others who have impacted Tebow in life-changing ways.

Though traveling hard roads is not easy, it's always worth it!

Title – The Lion in the Living Room

Author – Abigail Tucker

Call Number – 636.8 TUCKER

Book Description -

A lively adventure through history, natural science, and pop culture in search of how cats conquered the world, the Internet, and our hearts.

House cats rule back alleys, deserted Antarctic islands, and our bedrooms. Clearly, they own the Internet, where a viral cat video can easily be viewed upwards of ten million times. But how did cats accomplish global domination? Unlike dogs, they offer humans no practical benefit. The truth is they are sadly incompetent rat-catchers and pose a threat to many ecosystems. Yet, we love them still.

To better understand these furry strangers in our midst, Abby Tucker travels to meet the breeders, activists, and scientists who've dedicated their lives to cats. She visits the labs where people sort through feline bones unearthed from the first human settlements, treks through the Floridian wilderness in search of house cats on the loose, and hangs out with Lil Bub, one of the world's biggest feline celebrities.

Witty, intelligent, and always curious, Tucker shows how these tiny creatures have used their relationship with humans to become one of the most powerful animals on the planet. The appropriate reaction to a cuddly kitten, it seems, might not be *aww* but *awe*.

Title – Scorched Earth: Restoring the Country after Obama

Author – Michael Savage

Call Number – 973.932 SAVAGE

Book Description -

The prophetic author of the bestselling *Government Zero*, Dr. Michael Savage is back with his most urgent and powerful work.

Listeners to Dr. Savage's top-rated radio talk show, *The Savage Nation*, know him to be an articulate and engaged spokesman for traditional American values of borders, language, and culture.

Now, after eight divisive years of Barack Obama, Dr. Savage lays out an irrefutable case for how our nation has been undermined by terrorists from without, by anarchists from within, by a president and politicians with contempt for the Constitution and the law, and by a complicit liberal media.

With words and topics that are as insightful as they are timely, he makes an ironclad case for the dangers we face from Hillary Clinton and her fellow travelers in the progressive movement. He also explains why Donald Trump may be one of the two best hopes for America's future as we try to regain control of our government, our country, and our national soul.

The other hope? As Dr. Savage explains in some of his most heartfelt and passionate words, it is we, the people: the ordinary "Eddies," as he calls them—motivated, roused, and engaged.

This book is about much more than an election. It is a veteran commentator and celebrated raconteur providing a blueprint for how to regain our cherished freedoms and our national identity . . . before they are lost forever.

Title – How the Secret Changed My Life

Author – Rhonda Byrne

Call Number – 131 BYRNE

Book Description -

Since the very first publication of *The Secret* a decade ago, Rhonda Byrne's bestselling book has brought forth an explosion of real people sharing real stories of how their real lives have miraculously changed for the better. *How The Secret Changed My Life* presents a selection of the most heartwarming and moving stories in one inspirational volume. Each story provides an authentic, real-life illustration of the pathway that leads to success in every area of life: money, health, relationships, love, family, and career. The people in *How The Secret Changed My Life* show time and again that no one is excluded from living the life of their dreams.

Title – The More of Less

Author – Joshua Becker

Call Number – 241 BECKER

Book Description -

Most of us know we own too much stuff. We feel the weight and burden of our clutter, and we tire of cleaning and managing and organizing.

While excess consumption leads to bigger houses, faster cars, fancier technology, and cluttered homes, it never brings happiness. Rather, it results in a desire for more. It redirects our greatest passions to things that can never fulfill. And it distracts us from the very life we wish we were living.

Live a better life with less.

In *The More of Less*, Joshua Becker, helps you

- recognize the life-giving benefits of owning less
- realize how all the stuff you own is keeping you from pursuing your dreams
- craft a personal, practical approach to decluttering your home and life
- experience the joys of generosity
- learn why the best part of minimalism isn't a clean house, it's a full life

The beauty of minimalism isn't in what it takes away. It's in what it gives.

Make Room in Your Life for What You Really Want.

"Maybe you don't need to own all this stuff." After a casual conversation with his neighbor on Memorial Day 2008, Joshua Becker realized he needed a change. He was spending far too much time organizing possessions, cleaning up messes, and looking for more to buy.

So Joshua and his wife decided to remove the nonessential possessions from their home and life. Eventually, they sold, donated, or discarded over 60 percent of what they owned. In exchange, they found a life of more freedom, more contentment, more generosity, and more opportunity to pursue the things that mattered most.

The *More of Less* delivers an empowering plan for living more by owning less. With practical suggestions and encouragement to personalize your own minimalist style, Joshua Becker shows you why minimizing possessions is the best way to maximize life.

Are you ready for less cleaning, less anxiety, and less stress in your life? Simplicity isn't as complicated as you think.

Title – The Happy Vegan

Author – Russell Simmons

Call Number – 613.2 SIMMONS

Book Description -

In *The Happy Vegan*, Simmons shares how once he started practicing yoga and meditation, he became more conscious of his choices, particularly the choices he made regarding his diet. Simmons first adopted a vegetarian and then vegan diet, and almost immediately began to experience the physical, mental, and emotional benefits of eating green and clean. He delves into research about mindful eating, the links between stress and poor eating habits, the importance of listening to your body, the well-documented problems associated with eating animal products and processed foods, along with tips on how to transition to a vegan diet.

Drawing on his own experience, the experiences of others, and science and research on the health benefits of conscious eating and veganism, *The Happy Vegan* is an accessible and inspiring guide to help others make the move toward a vegan diet and a more successful, focused, and purposeful life.

Title – The Magnolia Story

Author – Chip and Joanna Gaines

Call Number – B GAINES

Book Description -

Are you ready to see your fixer upper?

These famous words are now synonymous with the dynamic husband-and-wife team Chip and Joanna Gaines, stars of HGTV's *Fixer Upper*. As this question fills the airwaves with

anticipation, their legions of fans continue to multiply and ask a different series of questions, like — *Who are these people? What’s the secret to their success? And is Chip actually that funny in real life?* By renovating homes in Waco, Texas, and changing lives in such a winsome and engaging way, Chip and Joanna have become more than just the stars of *Fixer Upper*, they have become America’s new best friends.

The Magnolia Story is the first book from Chip and Joanna, offering their fans a detailed look at their life together. From the very first renovation project they ever tackled together, to the project that nearly cost them everything; from the childhood memories that shaped them, to the twists and turns that led them to the life they share on the farm today.

They both attended Baylor University in Waco. However, their paths did not cross until Chip checked his car into the local Firestone tire shop where Joanna worked behind the counter. Even back then Chip was a serial entrepreneur who, among other things, ran a lawn care company, sold fireworks, and flipped houses. Soon they were married and living in their first fixer upper. Four children and countless renovations later, Joanna garners the attention of a television producer who notices her work on a blog one day.

In *The Magnolia Story* fans will finally get to join the Gaines behind the scenes and discover:

- The time Chip ran to the grocery store and forgot to take their new, sleeping baby
- Joanna’s agonizing decision to close her dream business to focus on raising their children
- When Chip buys a houseboat, sight-unseen, and it turns out to be a leaky wreck
- Joanna’s breakthrough moment of discovering the secret to creating a beautiful home
- Harrowing stories of the financial ups and downs as an entrepreneurial couple
- Memories and photos from Chip and Jo’s wedding
- The significance of the word and why it permeates everything they do
- The way the couple pays the popularity of forward, sharing the success with others, and bolstering the city of Waco along the way

And yet there is still one lingering question for fans of the show: Is Chip really that funny? “Oh yeah,” says Joanna. “He was, and still is, my first fixer upper.”

Title – Believing in Magic

Author – Cookie Johnson

Call Number – B JOHNSON

Book Description -

In her new memoir, Cookie Johnson, wife of NBA legend Earvin “Magic” Johnson, shares details of her marriage, motherhood, faith, and how an HIV diagnosis twenty-five years ago changed the course of their lives forever.

On November 7, 1991, basketball icon Earvin “Magic” Johnson stunned the world with the news that he was HIV-positive. For the millions who watched, his announcement became a pivotal moment not only for the nation, but his family and wife. Twenty-five years later, Cookie Johnson shares her story and the emotional journey that started on that day — from life as a pregnant and joyous newlywed to one filled with the fear that her husband would die, she and her baby would be infected with the virus, and their family would be shunned. *Believing in Magic* is the story of her marriage to Earvin nearly four decades of loving each other, losing their way, and eventually finding a path they never imagined.

November 7, 2016 will mark a quarter-century since the announcement and Cookie’s survival and triumph as a wife, mother, and God-fearing woman.

Cookie has never shared her full account of the reasons that she stayed and her life with Earvin “Magic” Johnson. *Believing in Magic* is her story.

Title – A Lowcountry Heart

Author – Pat Conroy

Call Number – 813.54 CONROY

Book Description -

This new volume of Pat Conroy’s nonfiction brings together some of the most charming interviews, magazine articles, speeches, and letters from his long literary career, many of them addressed directly to his readers with his habitual greeting, “Hey, out there.”

Ranging across diverse subjects, such as favorite recent reads, the challenge of staying motivated to exercise, and processing the loss of dear friends, Conroy’s eminently memorable pieces offer a unique window into the life of a true titan of Southern writing.

With a beautiful introduction from his widow, novelist Cassandra King, *A Lowcountry Heart* also honors Conroy’s legacy and the innumerable lives he touched. Finally, the collection turns to remembrances of “The Great Conroy,” as he is lovingly titled by friends, and concludes with a eulogy. The inarguable power of Conroy’s work resonates throughout *A Lowcountry Heart*, and his influence promises to endure.

This moving tribute is sure to be a cherished keepsake for any true Conroy fan and remain a lasting monument to one of the best-loved masters of contemporary American letters.

Title – Grace for the Moment

Author – Max Lucado

Call Number – 242 LUCADO

Book Description -

For such a small book, *Grace for the Moment*® has had a major impact on countless lives. With more than 2,500,000 copies sold, this devotional continues to touch lives as it emphasizes the help and hope of God in everyday moments. Each daily reading features devotional writings from Max Lucado's numerous bestsellers as well as a Scripture verse selected especially for that day's reading. This new classic is available in hardcover as well as in both green and burgundy eurobond leather.

Title – He Still Moves Stones

Author – Max Lucado

Call Number – 200.9505 LUCADO

Book Description -

It's what happens when obstacles prevent you from seeing what God has done for you ...

He still moves stones.

People with questions. The Bible is absolutely full of them. A crook on a cross. A wild man in a cemetery. A five-time divorcée. A despondent cripple. A grieving sister. A father at the end of his rope.

Why are these portraits in the Bible? So we can look back in amazement at what Jesus did? No ... these aren't just Sunday school stories. They are historic moments in which a real God met real pain so we could answer the question. "Does God care when I hurt?"

On every page of this powerfully moving book, Max Lucado reminds us, the God who spoke to Moses at the burning bush still speaks loudly to you today. The God who forgave King David still offers you forgiveness. The God who helped men and women in ages past still comes into your world, and he comes to do what you can't, to move the stone away so you can see his answer.

Title – Hungry Heart

Author – Jennifer Weiner

Call Number – B WEINER

Book Description -

Jennifer Weiner is many things: a bestselling author, a Twitter phenomenon, and an “unlikely feminist enforcer” (*The New Yorker*). She’s also a mom, a daughter and a sister, a former rower and current clumsy yogini, a wife, a friend, and a reality-TV devotee. In her first essay collection, she takes the raw stuff of her life and spins it into a collection of tales of modern-day womanhood as uproariously funny and moving as the best of Nora Ephron and Tina Fey. Born in Louisiana, raised in Connecticut, educated at Princeton, Jennifer spent years feeling like an outsider (“a Lane Bryant outtake in an Abercrombie & Fitch world”) before finding her people in newsrooms, and her voice as a novelist, activist, and *New York Times* columnist.

No subject is off-limits in these intimate and honest stories: sex, weight, envy, money, her mother’s coming out of the closet, her estranged father’s death. From lonely adolescence to modern childbirth to hearing her six-year-old daughter say the f-word — fat — for the first time, Jen dives deep into the heart of female experience, with the wit and candor that have endeared her to readers all over the world.

Hilarious and moving, *Hungry Heart* is about yearning and fulfillment, loss and love, and a woman who searched for her place in the world, and found it as a storyteller.

Title – The Six – The Lives of the Mitford Sisters

Author – Laura Thompson

Call Number – 920.72 THOMPSON

Book Description -

The eldest was a razor-sharp novelist of upper-class manners; the second was loved by John Betjeman; the third was a fascist who married Oswald Mosley; the fourth idolized Hitler and shot herself in the head when Britain declared war on Germany; the fifth was a member of the American Communist Party; the sixth became Duchess of Devonshire.

They were the Mitford sisters: Nancy, Pamela, Diana, Unity, Jessica, and Deborah. Born into country-house privilege in the early years of the 20th century, they became prominent as “bright young things” in the high society of interwar London. Then, as the shadows crept over 1930s Europe, the stark — and very public — differences in their outlooks came to symbolize the political polarities of a dangerous decade.

The intertwined stories of their stylish and scandalous lives — recounted in masterly fashion by Laura Thompson — hold up a revelatory mirror to upper-class English life before and after WWII. *The Six* was previously published as *Take Six Girls*.

Title – Kathy Griffin’s Celebrity Run-Ins

Author – Kathy Griffin

Call Number – B GRIFFIN

Book Description -

Kathy Griffin's Celebrity Run-Ins is Kathy's funny, juicy index of all of the celebrities she has met during her many years in show business, bursting with never-before-told stories. Starting with Woody Allen and ending with Warren Zevon, *Kathy Griffin's Celebrity Run-Ins* is a who's who of pop culture: Leonardo DiCaprio, Nick Jonas, Kendall Jenner, Anna Kendrick, Lily Tomlin, Suge Knight, Barbra Streisand, Ashton Kutcher, Queen Latifah, Maria Shriver, Jared Leto, Selena Gomez, Meghan Trainor, Macklemore, Bruno Mars, Aaron Paul, Pink, Pitbull, Sia, Britney Spears, Taylor Swift, Christina Aguilera, and many more. Who would imagine that Kathy was an extra in a Michael Jackson commercial (guess which one)? That she and Salman Rushdie trade celebrity stories? That Donald Trump once drove Kathy and Liza Minelli around on a golf cart? That Sidney Poitier has a wicked sense of humor? That Demi Lovato has none? That David Letterman is still scared of Cher? That Channing Tatum is as polite as they come, and Tom Hanks might have the best perspective on fame of anyone? Kathy, that's who. Kathy has met everyone, and after reading this book, you will feel as if you have, too.

Kathy Griffin has seen it all. Shocking and sidesplitting, *Kathy Griffin's Celebrity Run-Ins* is an indispensable guide to the stars from one of our most beloved comedians. Can you handle it?

Title – This is Our Song – Taylor Swift

Author – Tyler Conroy

Call Number – B SWIFT

Book Description -

Ten years ago, an unknown sixteen-year-old released a self-titled debut country album. A decade later, Taylor Swift has reached record-breaking, chart-topping heights. A ten-time Grammy winner, Swift has been hailed for her songwriting talent, crossed effortlessly from country to pop, and established herself as a musician who can surprise, delight, and inspire, all while connecting with her fans in a way that only she can. Amazingly, after all these years, there is no great, comprehensive book about Swift for her fans. Until now. This book, a fan-generated celebration of Swift's first decade as an artist, collects the best writing and images from the past ten years in one gorgeous volume. From prefame interviews with Swift in local Pennsylvania newspapers to major profiles in *The New Yorker* and *Rolling Stone*; from album reviews by top critics such as

Robert Christgau, Sasha Frere-Jones, and Ann Powers to essays by beloved novelists like Maggie Shipstead; from Tavi Gevinson's classic ode to Swift in *The Believer* to Q&As with Chuck Klosterman and humorous analysis from *McSweeney's* and *The Hairpin*; from album-themed crossword puzzles and adult coloring pages to profiles of Taylor's biggest fans; from an excerpt of the soon-to-be-published novel *Taylor Swift: Girl Detective* to a "book within a book" of Swift's most inspiring quotations titled (naturally) *The Tao of Tay*, this book is the vital collection of all things Taylor. Here, finally, is the must-have book for every Swiftie and every music lover. For, as Klosterman wrote in *GQ*, "If you don't take Swift seriously, you don't take contemporary music seriously."