



## SCOTLAND COUNTY HEALTH DEPARTMENT

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**Kristen Patterson, MHA**  
Health Director

### **BOARD OF HEALTH MINUTES**

**Tuesday, December 17, 2019**

**6:30 P.M.**

The Scotland County Board of Health met on Tuesday, December 17, 2019 at 6:30 p.m. in the Education Room of Scotland County Health Department. The following Board of Health members were in attendance: Dr. J. Earl Bowling, M.M. Labib, Charles E. Todd, Diann Beane, and Dave Raley. Absent from the meeting were the following Board of Health members: Robert Davis, Dr. Ralph Carter, Dr. Ray Chavis, Nicole Monroe, William Matthews, and Beth Hobbs. Also in attendance were the following staff members: Kristen Patterson, Sharon Alford, Tim Martin, Donna Page, Deborah Rogers, Brian Lowry, Kathie Cox, and Venessa Fairley.

#### **Call to Order**

The meeting was called to order at 6:35 p.m. by Kristen Patterson, MHA. Deborah Rogers led the prayer.

#### **Discussion**

There was no discussion of the agenda.

#### **Adoption of Agenda**

Agenda could not be adopted due to the number of board members in attendance.

#### **Approval of Minutes for the October 15, 2019 meeting**

Minutes could not be approved

#### **Public Comment**

There were no public comments.

#### **Administrative Reports**

##### **Financial Update Report**

Tim presented the financial update report as of November 30, 2019. The Expenditure report shows that we should be at 42% expended for five months but currently we are under budget at 35.3% expended. Next, Tim discussed the Revenue collections report and stated that we should be at 42% collected, but are currently at 30.9%. Mr. Martin finally presented comparison information from last year versus this year in regards to Family Planning, Immunizations, and STD's, and stated that the Health Department is out-performing last year's numbers. Dr. Labib commented on the success of this year's performances was because of the two providers that the Health Department has, and Mr. Martin replied, "the clinical side and Environmental Health are contributors to this success".

### Monthly Activities Summary

The Activities Summary was included in the BOH packet. Ms. Patterson gave a brief overview of the report.

### Health Directors Report

Ms. Patterson presented the Health Directors report as follows with staff updating the Board on their respective departments.

### Administration

#### October Meetings

- Attended the Scotland Complete Count Census Meeting held on October 8, 2019 from 12-1pm at the EOC building.
- The Region 6 Health Directors meeting was held on October 9<sup>th</sup>, at the Moore County Health Department. The Local Health Directors meeting was held on October 16-17 in Raleigh.
- Juvenile Crime Prevention Committee monthly meeting was held on October 10<sup>th</sup>. During this meeting we discuss FY 2020 priorities and funded program's needs.
- Scotland County Pre-K meeting was held on October 17<sup>th</sup> at the AB Gibson Building. We discuss the additional pre-k slots given to Scotland County. There was a state consultant as present during the meeting. I presented our WIC program to the Daycare Administrators and expressed our eagerness to continue to work with them.
- The Adolescent Wellness Counsel attended Halloween in the Park. We handed out information to the parents and teens about smoking and vaping. However, we gave the children lots of Candy!!!
- I presented to the Spring Branch Church Women's Group about Health and Wellness during their annual Women's Day Event on October 26<sup>th</sup>.
- I attended a joint County, State, and Federal Preparedness Tabletop Exercise on Hepatitis A held on October 29<sup>th</sup> at the Cumberland County Health Department.

#### November Meetings

- Several staff members and I attended the Epi Team Meeting held at SCHED on November 13, 2019.
- Adolescent Wellness Counsel Meeting was held at SCHED and we discussed Outreach opportunities to educate the public on vaping and the dangers it poses. Also, our monthly Juvenile Crime Prevention Committee met and Wendy Stanton (DSS) and I presented to the group the Community Risk Assessment. This assessment gathered information such as crime, education, income, individuals seeking services from DSS and the Health Department, and etc.
- The Smart Start meeting was held on November 18, at the AB Gibson building. The Board received feedback on how funded programs were progressing.
- The Local Health Directors meeting was held on November 20-21 in Raleigh.
- School Health Advisory Council meeting was held at the High School Bagpiper from 11:30-12:30 pm
- We are approaching time for replying for the ICO4MCH grant. We have decided to apply with the Sandhills Region (Richmond, Hoke, Montgomery, and Scotland Counties).

### WIC

#### October

- Jamie was our WIC representative for the Health Equity Meeting conducted by Savannah Simpson.
- Jamie attended two Social Committee meetings on the 18<sup>th</sup> and 25<sup>th</sup>
- Rebekah Locklear-Hall, MOA III, instructed the breastfeeding class for WIC and Pregnancy Care Management clients. The focus was on proper nursing techniques and Q & A. Approximately 25 to 30 participants were present.
- Laura Pinyan, Nutritionist II, was our WIC representative last Saturday at the Bright Hopewell Baptist Church.

- Vanessa called the following local community Daycares/Pre-K services and scheduled a date and time for WIC Representatives to present nutrition information to the children. The goal is to make contact and schedule at least 10 Daycare/Pre-K services for the remainder of the 2019-2020 fiscal year. Supplies were ordered for children packages.
  - State Line Children's World (*Presented -Oct*)
  - Pegues Day Care (*Presented-Oct*)
  - Scotland Christian (*Presented-Nov*)
  - Kids Campus (*Jan 14th*)
  - Terrific Kids Daycare (*Jan 28th*)
  - Precious Care (*Feb 2th*)
- The WIC Nutritionist discussed and engaged children on food groups and healthy eating. Students were given a WIC informational package for their parents and some goodies for themselves; included in the package was a CD on nutrition and vegetables; fun sunglasses for the student; coloring book and crayons and/or WIC ball promoting eating right and exercising.
- Detrice Rogers attended the Breastfeeding peer counseling session on Monday, October 30, 2019 at the Wagram Recreation Center.
- The WIC Staff attended our quarterly CEASE meeting conducted by Sanqius Graham. The purpose of the meeting was to discuss the hazards of alternative smoking and how we can increase our survey enrollment in offering assistance for quitting smoking.

## **November**

- Rebekah Locklear-Hall, MOA III, completed the Didactic portion of the Certified Lactation Counselor (CLC) Exam on November 1<sup>st</sup> in Raleigh NC.
- Rebekah conducted a Breastfeeding class on November 12<sup>th</sup> ; and attended the CAT meeting in Robeson County for the ICO4MCH grant.
- The WIC department received their annual breast pump supplies. This month, as of 11/1/19 - 11/22/19 a total of 21 pumps were issued:
  - 15 single user manual breast pumps
  - 2 single user electric breast pumps (both from WIC inventory)
  - 3 single user electric pumps issued and 1 manual pump (donated inventory)
- Kristen Matthews joins the WIC team as a Nutritionist. Kristen is presently cross training with Sara McCommas and trained one day with the WIC Director in Hoke County.
- Detrice Rogers attended the WIC Conference in Raleigh, N.C. The conference was very informative and there were key nuggets learned about using crossroads. The learned nuggets will be discussed and enhance, if necessary, once a Director has been appointed. WIC representatives from other agencies and locations were in attendance.

## **Management Support**

### **October**

- MS attended Lunch & Learn VIIV Drug Rep (HIV Meds)
- Deborah Rogers assisted with coverage SCHD booth John Blue Festival.
- Interviews for PAIV position completed
- Deborah Rogers assisted with EIC Audit (HIV)
- Deborah Rogers completed training with CareWares (HIV data)
- All MS Staff attended Staff Development Training (Accreditation/Staff Meeting)

### **November**

- Deborah Rogers attended NCLP MSSA Conference in Raleigh.
- New Employee; Addie Gay PAIV started in Management Support
- Conference Call with Al Bishop/Director of Performance Improvement with RHCC/CareWares
- All Management Support Staff attended annual insurance meetings at the EOC building.

**Clinical/Communicable Disease/STD Services/Social Work/EIC/Lab/Miscellaneous**

- Raquel McGirt, Child Health Nurse, resigned
- New PHN's, Paige McInnis and Shakelah Locklear, joined SCHD team
- Candidate for PHN-II/Communicable disease nurse accepted offer
- Advertising for PHN-I/Immunization Nurse position
- Donna Page attended TB Conference
- Audit team completed an EIC audit
- Provided flu clinic for county employees and RHA patients
- Ashley Locklear, Michelle Gilchrist, Raquel McGirt and Alisa Freeman met with Child Health State Consultants
- SCHD served as Public Health Clinical Site for UNC-Pembroke Nursing students
- Carlotta Rivers, Michelle Gilchrist, Michirena Lowry and Nabria Billings attended Gravidas at Risk Conference in Hickory
- Betsey, Felicia and Michirena attended training in Greensboro
- Social Workers Sonya Oxendine and NaBria Billings attended Mental Health First Aid training
- All Social Workers participated in Breastfeeding and Parenting Classes
- All Social Workers attended Pregnancy Care Management Regional meeting at Moore County Health Department
- All Care Managers participated in CC4C Webinar
- Lab personnel provided Bloodborne Pathogen training to county employees in October and November
- Lab staff precepted Phlebotomy students from Sandhills Community College
- All Lab staff attended Clinical Lab Day in Raleigh
- Alisa Freeman and Jennifer Taylor attended CureMD Conference
- Multiple staff completed Disparities in the LGTBQ+ Community webinar
- Multiple staff participated in Halloween in the Park
- Multiple staff participated in the Bright Hopewell Health Fair
- Multiple staff participated in Wagram Trunk or Treat
- Multiple SCHD staff and other local agency members attended quarterly EPI Team Meeting
- Multiple staff participated in a MERCK lunch and learn
- Multiple staff attended a meet and greet with representative from United Healthcare concerning Medicaid Transformation
- Multiple staff participated in Adolescent Wellness Council Meeting
- Multiple staff participated in HEART Meeting

## **Health Educators Update for Health Education/Promotion and Infant Mortality Reduction program:**

### **October**

Responded to 65 community contacts and/or requests reaching approx. 877+ individuals through outreach, educational materials, resources or presentations. (WEWO, WLNC Radio, Parenting Class, LBG Exchange, Union Grove Prayer Breakfast, Bright Hopewell Health Fair, Franklin Chapel Health Event, John Blue Festival, Climate Resiliency Workshop, etc.)

**Media:** Promoted Safe Sleep/SIDS Awareness; Flu Vaccine, Opioid Prevention/Awareness, National Depression Awareness Screening Day, Breastfeeding, E-cigarettes/Vaping, GASO and Quitline NC, ACE's, Diabetes and Flu

**Trainings:** Webinars on: Addressing Health Disparities in the LGBTQ Community; Leadership Summit Healthy Eating/Active Living; Accreditation Regional Meeting for Health Educators

**Other:** Mentoring UNCP Student Intern Fall Semester; Co-Facilitated Community Health Advisory Board; Promoted Dental Sealant Project – Laurel Hill Elementary; Promoted Unity Day Work continues on CHNA Report.

**Outreach:** 5 Outreach events reaching approximately 350 individuals (Not including individuals reached by media advertising or radio listeners).

**Trainings:** Completed on The Wonder Years, Working with LGBTQ Youth, and Addressing Health Disparities in the LGBTQ Community.

**Updates:** MPC Classes began at Spring Hill Middle School on October 12th with 76 students enrolled under the APPP Coordinator. Accreditation Training was provided to all staff during the staff development day on October 31.

**Outreach:** 10 events reaching approx. 872 (people estimates of participants do not include radio listeners, newspaper readers or social media) Participated in Health Fair at Smithfield Poultry Plant reaching approximately 250 employees. Business is interested in becoming designated breastfeeding Friendly reaching, Visited local barbershops, providing condoms and encouraged STD clinic referrals, reach approximately 50 individuals. (Condom Project), John Blue festival reaching approximately 350 individuals, Safety Day educating children on hand washing and protection against the flu reaching approximately 50 individuals, Breastfeeding Support Group reaching 1 expecting mother, Breast Cancer awareness month walk reaching approximately 20 employees and unknown number of community members via Facebook, Observance of Bullying Prevention Month reaching approximately 20 individuals and unknown number of community members via Facebook, Bright Hopewell Missionary Baptist Church reaching approximately 100 individuals, Faith Based services letters mailed to 15 local churches reaching approximately 15 church leaders, and taught parenting class reaching 16 individuals.

**Trainings:** Addressing Health Disparities in the LGBTQ Community Webinar, Facilitated CEASE review lunch meeting and provided training

**Other:** Community Action Team Meeting, Breastfeeding Coalition Team Meeting, March of Dimes Provider Training Meeting

### **November**

#### **MR/ APPP/ Preparedness/CLAS Updates**

**Outreach:** 4 Events reaching approximately 220 individuals

**Meetings:** 6 Meetings were attended

**Trainings:** Participated in webinars on Grant Writing and Educating LGBTQ+ Teens.

**Updates:** Monthly radio checks and call down drills were completed. Making Proud Choices classes for the fall semester at Spring Hill Middle School were completed, with a total of 76 students enrolled. Accreditation Site Visit is scheduled for March 5-6 2020

### **ICO4MCH Program**

**Outreach:** 5 events reaching approx. 200 (people's estimates of participants do not include radio listeners, newspaper readers or social media). Provided educational sessions with Scotland County Housing Authority reaching approximately 22 individuals, visited local barbershops, providing condoms and encouraged STD clinic referrals, reach approximately 50 individuals. (Condom Project), Observance of Great American Smokeout reaching approximately 100 individuals with educational materials and an interview with WLNC- Dave Welch and unknown number of community members via Facebook, Breastfeeding support group held but no participants chose to participate, Taught Healthy Holiday Eating class to mothers at Head Start reaching approximately 10 individuals

**Media:** WLNC radio broadcasting reaching approximately 250 individuals, WEWO radio, WEWO radio broadcasting reaching approximately 250 individuals including Facebook live stream and timeline posting

**Trainings:** Peer Health Educator

**Other:** Community Action Team Meeting, Meeting with state coach for ICO4MCH grant, Meeting with CEASE Partners, Two Vocational Rehabilitation meeting to coordinate collaborative efforts, Scotland Community Collaborative Meeting, Provided on site evaluation of CEASE program in WIC office, School Health Advisory meeting. We are currently re-applying for renewal of our grant with the Sandhill's ICO4MCH collaborative and connecting with community partners to rebuild Community Action Team.

### **Questions by the Board**

There were no questions by the board.

### **Committee Reports**

There were no committee reports

### **Unfinished Business**

Kathie Cox addressed the board about her previous SOTCH report presentation and asked the board what were the top three (3) health priorities that were mainly focused on. Diann Beane responded with Dental Health, opioids, and obesity & chronic diseases. Kathie discussed with the board of health that PSA's were recorded, monthly news articles were distributed, and Scotland County Healthcare system & the Health Department provided 37 free community health screening events in hopes of promoting healthy eating and to be more active to fight obesity and chronic diseases. The Eat Healthy, Be Active program was also promoted and was available at three (3) locations, which had an average of fifteen participants per class. She also reminded the board about the monthly diabetic education program at Scotland Memorial Hospital, which is well attended and very supportive. She also discussed with the board the collaborative efforts with Scotland Memorial Hospital about the Energized program, which is an evidenced program that is focused on the youth. She also talked about the CEASE program that was shared earlier in the meeting by Venessa Fairley, an employee that works in the WIC department. Ms. Cox then opened up the floor to the board with any questions or suggestions they might have. Diann Beane, asked did the Dental Health program receive a grant assistance with the dental sealant project for the children, and how were the children selected to receive the sealants? Kathie Cox responded that there are regional dental hygienists that go out to the schools in the counties that they are responsible for, and the grants funds come from the oral portion that is dealt with by the state. Kathie also explained that the children volunteer to receive assistance from the Dental Health program by way of signed permission slips from their parents. Kathie also talked about tobacco prevention and mentioned

that there were several resources available, and OPEN, the Opioid Prevention and Education Network, which is another resource used to spread opioid awareness. Dr. Labib asked why vaping is so common and popular among kids, and Kathie replied that vaping is popular because it is a new fad and they do not understand the dangers or risks of vaping. Dr. Bowling commented relating to the opioid situation, has a requirement for his 2020 license, his profession has now included an additional online course with a two hour test at the end about opioid prescription writing. Dr. Labib also mentioned that he also must participate in an online one hour seminar about opioids and take a test.

**New Business**

- A. Swearing in of reappointed board member Charles Todd, RPh  
 Charles Todd, RPh was sworn in by Sharon Alford, Notary Public.

- B. Requesting approval for the following New Labs 2 Go:

These Labs 2 go couldn't be approved due to the number of board members in attendance, but labs were later approved by several board members by way of email on December 30, 2019.

<b>Name</b>	<b>CPT</b>	<b>TEST#</b>	<b>PRICE</b>
Iron	83540	001339	\$8.00
Reticulocyte Count	85045	005280	\$13.00
Amylase	82150	001396	\$14.00
Antigliadin Abs, IgA	83516	161646	\$30.00
Inflammatory Bowel Disease- IBD	86256, 86671	164830	\$97.00
Lipase	83690	001404	\$14.00
HSV #2 REFLEX	86696	NO#	\$57.00
CA27.29	86300	140293	\$35.00
5" Nucleotidase	83915	001701	\$26.00
Copper, Serum	82525	001586	\$23.00
Vitamin B1 (Thiamine), Blood	84425	121186	\$28.00
Vitamin B6, Plasma	84207	004655	\$40.00
Zinc, Plasma or Serum	84630	001800	\$12.00

- C. New Funding – Family Planning Title X funds \$14,828

The Family Planning Title X funds couldn't be approved during the meeting due to the number of board members in attendance, but were later approved by several board members by way of email on December 30, 2019.

Informal Discussion - There was no informal discussion.

The December 17, 2019 Board of Health meeting adjourned at 7:17 p.m.